#### Approval Form – Rangoli Competition "Mental Health"

#### Department: NSS UNIT

Program: Rangoli Competition "Mental Health"

**Objectives:** To see the creativity of the students and to raise awareness of mental health issues around the world and mobilizing efforts in support of mental health.

**Need:** As many people face mental health issues but they are afraid to say it out in the society, so it is necessary to make people aware about this and encourage them not to bully anyone who is going through mental health problems also to help reduce stress and burnout worries of any person. It can provide a pause to come back with more energy, less stress and a renewed spirit.

**<u>Content:</u>** The activity was an attempt to make people aware about mental health through the medium of rangoli, the participants made very creative and beautiful rangoli showing various types of mental health issues faced by the people.

Judge: Prof. Sheetal Khanore

Date: 10th October2020

Cost/Budget: Nil / Not Applicable

<u>Proposed by:</u> Ms. Snehal Rai <u>Verified by:</u> Prof. Vijay Vishwakarma

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**NSS Programme officer** 

**NSS Programme Officer** 

#### Minutes of the meeting - Rangoli Competition "Mental Health"

Criterion 3 - Research, Innovations and Extension

Bunts Sangha's S.M. Shetty College Powai, Mumbai-400 076 Tel. 022-6132 7352

Email: college@smshettvinstitute or

There was a meeting on Zoom Platform on 3rd October, 2021

#### Minutes of the meeting:

- To discuss about the upcoming events.
- To discuss about Mental Health Day webinar.
- To allot work to social media team and leaders.
- To discuss about the documentation work about the previous event.
- ☐ To allot leaders to prepare for the whatsapp message which would be send to other colleges to participate.
- ☐ To allot Social media team start to work on the poster and brochure for the event and update the social media platform.

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**NSS Programme officer** 

**NSS Programme Officer** 

Bunts Sangha's S.M. Shetty College e & Manager Powai, Mumbai-400 076

Tel. 022-6132 7352 Email: college@smshettyinstitute.org

Criterion 3 - Research, Innovations and Extension

## BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES, POWAI. NAAC ACCREDITED 'A' GRADE ISO 9001:2015 CERTIFIED IMC RBNQ CERTIFICATE OF MERIT 2019 <u>Poster -Rangoli Competition "Mental Health"</u>



## **NATIONAL SERVICE SCHEME**

PRESENTS

**RANGOLI COMPETITION** 

On the occasion of World Mental Health Day

THEME :- Mental Health

DATE OF SUBMISSION :-5th October 2020 to 8th October 2020 ENTRIES WILL BE ACCEPTED ONLY TILL 5PM OF 8th OCTOBER

RESULTS WILL BE DECLARED ON

10TH OCTOBER 2020

FOR ANY FURTHER QUERIES CONTACT :-Snehal Rai-9082362400 Abhishek.G-9967469363 Dipti Shetty-7045197444 Ishan Salian - 97734 71471

proof to us (that they are the one

criterion who's making rangoli).



PRINCIPAL ngha's S.M. Shetty College immerce & Management Studies vai, Mumbai-400 076. Fel. 022-6132 7352 liege@mshettvinstitute.org

#### Notice(Whatsapp Message) - Rangoli Competition "Mental Health"

Jai Hind

The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management

has organized an intercollegiate Criterion 3 - Research, Innovations and Extension

PRINCIPAL Bunts Sangha's S.M. Shetty College , Commerce & Management Studies Powai, Mumbai-400 076. of Science, Cor Tel. 022-6132 7352

Email: college@smshettyinstitute.org

#### RANGOLI COMPETITION

On the occasion of World Mental Health Day

Rules and regulations :-

1. The rangoli should be based on the theme i.e., Mental health.

2. Save your file as pdf for a quick and easy upload.

3. The participants should fill proper details while sending entries.

4. No late entries will be accepted.

5. The participants should send a small 15 - 30 seconds video as a proof to us (that they are the one who's making rangoli).  $\Box$ 

Note :- The last day of submitting your rangoli is 8th October 2020

Entries will be accepted only till 5pm

Submit your Rangoli in the Google form given below https://forms.gle/8FjqbQnvi4nXppw37

#### RESULTS WILL BE DECLARED ON 10TH OCTOBER 2020

Results will be out on our Instagram page :-https://instagram.com/shettynssunit\_b46? igshid=oahwycscldum

For any further queries Call or WhatsApp :- Snehal Rai :- 9082362400, Abhishek Gupta :- 9996746936, Dipti Shetty:- 7704519744, Ishan Salian :- 97734 71471

Facebook:-

zience, Commerce & Management Str Powai, Mumbai-400 076. Tel. 022-6132 7352 Email: college@smshettyinstitute.org



# SM Shetty College's NSS Unit

5 Oct 2020 · 🕄

Jai Hind The NSS Unit of Bunts Sangha's S.M.Shetty College of Science, Commerce and Management Studies has organised an intercollegiate... See more





#### **RULES AND REGULATIONS :-**

The rangoli should be based on the theme i.e., Mental health.
Save your file as pdf for a quick and easy upload.
The participants should fill proper details while sending entries.
No late entries will be accepted.
The participants should send a small 15 - 30 seconds video as a proof to us (that they are the one who's making rangoli).

Criterion 3 - Research, Innovations and Extension



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Instagram:-



**Report - Rangoli Competition "Mental Health"** 

Criterion 3 - Research, Innovations and Extension



Email: college@smshettyinstitute.org

## Event: Rangoli Competition "Mental Health".

#### Date: 10th October 2020.

**Highlights:** The NSS Unit of Bunts Sangha's S. M. Shetty College of Science, Commerce and Management Studies had conducted "**Rangoli Competition**". On the Occasion of World Mental Health Day on 10th October 2020. The participants had to make a rangoli based on the theme i.e., Mental Health. There were around 10 entries for the event. The participants were provided with participation certificates.

The winners of the competitions are:-

1st- Megha Hanmant More - K.G. Joshi Bedekar College, Thane

2nd- Choubey Mansi Santosh - Bunt's Sangha's S. M. Shetty College, Powai.

3rd- Komal Pradeep Kadam - K J Joshi Bedekar College, Thane (W).







#### **NSS Programme Officer**

#### **NSS Programme Officer**

Rangolis made by the participants - Rangoli Competition "Mental Health"

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Vandana Kanojiya - S. M. Shetty College, Powai

PRINCIPAL Bunts Sangha's S.M. Shetty College

Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352 Email: college@smshettyinstitute.org





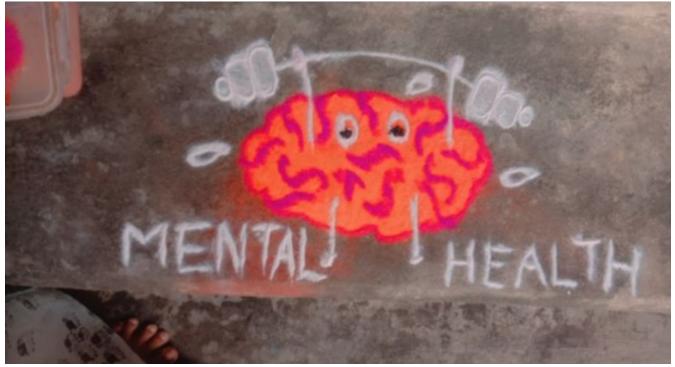
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Criterion 3 - Research, Innovations and Extension





Criterion 3 - Research, Innovations and Extension





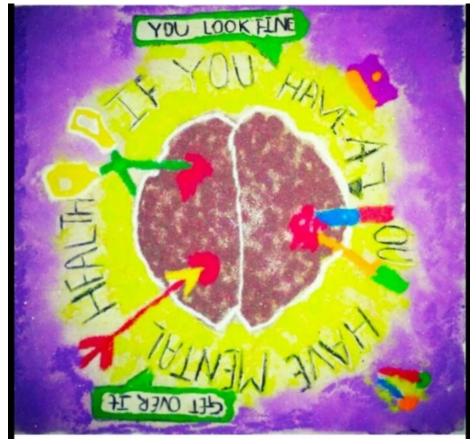
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Certificate Sample Copy - Rangoli Competition "Mental Health"

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Appreciation Certificate

**Bunts Sangha's** S.M.Shetty College of Science, Commerce & Management Studies, Affiliated to University of Mumbai NAAC Accredited 'A Grade **IMC RBNQ Certificate of Merit 2019** 1S0 90012015 Certified Certificate of Appreciation This is to certify that Mr. / Ms. MEGHA HANMANT MORE OF K.G. Joshi Bedekar College College has won <u>lst</u> Prize in **RANGOLI** competition organized by NSS Unit of SM Shetty College held on 10th October 2020 rehusakaen **Programme Officer Programme Officer** Principal

Bunts Sangha's S.M. Shetty College

of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352 Email: college@smshettyinstitute.org

Participation Certificate

**Bunts Sangha's** S.M.Shetty College of Science, Commerce & Management Studies, Powai, Mumbai-76 Affiliated to University of Mumbai NAAC Accredited 'A Grade IMC RBNO Certificate of Merit 2019 ISO 90012015 Certified Certificate of Participation This is to certify that Ms. VANDANA KADEPRASAD KANOJIYA Mr. S.M.SHETTY COLLEGE College has Participated in **RANGOLI** competition organized by NSS Unit of SM Shetty College held on 10th October 2020 rehurabarno **Programme Officer** Principal Programme Officer

**NSS Programme Officer** 

**NSS Programme Officer** 

Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352

Email: college@smshettyinstitute.org

## BUNTS SANGHA'S S.M. SHETTY COLLEGE OF SCIENCE, COMMERCE AND MANAGEMENT STUDIES, POWAI. NAAC ACCREDITED 'A' GRADE ISO 9001:2015 CERTIFIED IMC RBNQ CERTIFICATE OF MERIT 2019 <u>Thank you letter -Rangoli Competition "Mental Health"</u>

SMS/

10th October, 2020

To, Miss. Sheetal Khanore

S.M Shetty Degree College, Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for Rangoli Competition "Mental Health" organized by NSS UNIT of our college.

On behalf of our college, we'd like to thank you for the generous gift of your time, judging the competition and giving us your precious opinion. Your time and dedication made it possible for us to reward students for their efforts and made this competition a successful one.

With Regards, Thanking you,

> Yours faithfully, Dr. Sridhara Shetty PRINCIPAL



Bunts Sangha's S.M. Shetty College of Science, Commerce & Management Studies Powai, Mumbai-400 076. Tel. 022-6132 7352 Email: college@smshettyinstitute.org